**Energy Tips**

1. **Unplug electronics when not in use** – Devices draw power even when turned off.
2. **Use power strips** – Easily switch off multiple electronics at once to prevent “phantom” energy use.
3. **Turn off lights when leaving a room** – It adds up fast, especially with incandescent bulbs.

**🌡️ Heating & Cooling**

1. **Set your thermostat wisely**
	* Winter: 68°F (20°C) when home, lower when away or sleeping.
	* Summer: 78°F (25.5°C) when home, higher when away.
2. **Use ceiling fans** – They help circulate air, so your system doesn't work as hard.
3. **Seal drafts** – Weatherstrip doors and windows to keep treated air inside.
4. **Change HVAC filters every 1-3 months** – A dirty filter makes your system work harder.
5. **Close curtains or blinds during hot days** – Blocks out heat from sunlight

**💡 Lighting**

1. **Switch to LED bulbs** – They use up to 80% less energy and last longer.
2. **Use natural light** – During the day, open blinds to let the sun do the work.

**🚿 Water Heating**

1. **Lower water heater temp to 120°F (49°C)** – Still hot enough for daily use but saves energy.
2. **Use cold water for laundry** – Most clothes wash just fine without hot water.
3. **Fix leaky faucets** – Especially hot water ones, which waste both water and energy

**🍽️ Kitchen Efficiency**

1. **Only run dishwashers when full** – Saves water and electricity.
2. **Use a microwave or toaster oven** – They use less energy than your full oven.
3. **Keep your fridge full** – It holds the temperature better when full, but don’t overpack it

**🧺 Laundry Smarts**

1. **Air dry clothes** – Outdoors or on a drying rack.
2. **Clean the dryer lint trap** after every load – Increases efficiency.
3. **Use dryer balls** – They reduce drying time